

Following are a few words used while distracting the opponent players.

Hopelessness! Hopelessness!

Oh! He who shoots toward the wide southern plains;

The bald headed one! You will not hit the target;

It will slip away, even if you hit the target;

May it go higher and miss the target;

May it fall short of the target;

May it be swayed by the wind in between;

May it disturb the arrow, bow and both. Here is an encouraging song for the team members:

The arrow of a gentleman; (used for an ordinary person)

The arrow of lord with power; (used only for a high-ranking official)

May it not fly too high;

May it not land low, short of the distance;

May the wind not disturb its flight;

May it hit straight on the bull's eye.

During the olden days when the king participated in an archery game, the person who hit the target the highest number of times would be rewarded with coins and cash and also clothes of extravagant quality.

Archery has evolved in many ways since its inception to the present day use of technologically enhanced equipment. Nowadays, traditional bows and arrows are used by fewer people while playing casual games. Quite often, special tournaments are organised in which contestants must use the traditional equipment. Archery enthusiasts make the modern compound bows their first choice of equipment and mostly use these both in friendly games, sometimes for small betting, and also in organized tournaments where there are major prizes to be won.

2.2.2. Stone Discus

Doegor is a traditional sport played by men of all ages as a pastime. It is played using two flat round-shaped stones hurled at a target almost hidden in the ground at each of the opposite ends of the field, about 25 metres apart. It is one of the simplest games ever played since it doesn't



require more than a pair of flat stones. One only needs two round and flat stones barely a kilogram in weight for each player and the targets are made from a stake of bamboo or any other wood. The stake is inserted into the ground so that it is hardly visible. There is no standard for the number of players in a team. It can be played between two players at least or more depending on the consent of the participants.

Each player hurls the round stone at the target from one end to the other and the one which lands closest to the target earns a point. The distance between the target and the stone is measured by a yardstick. The interesting part is when the following opponent players are allowed to displace the stone that has earned a point and replace it with their own.

Doegor is played by laymen, farmers and even monks all over Bhutan mostly to pass their free time such as New Year or on holidays. The stake for the game differs from place to place and the people who are involved in the game, but mostly takes the form of dinner or feasts hosted by the losing team.

2.2.3. Soksom or Sorsum

Soksom is a type of game played in the olden days by cow herders to pass their leisure time while they are watching over their grazing cows. A thin and strong piece of bamboo about two metres long, or a stiff and thin branch is cut and sharpened at one end. This game can be played between two players, or between two teams if there are more players. This appears more like javelin throw but at a specific target rather than covering the long distances.