CHAPTER TWO
Tshering Choki and Galey Wangchuk

PERFORMING ARTS & TRADITIONAL GAMES

2.1. PERFORMING ARTS - Tshering Choki
2.1.1. The Mask Dance
• Truelpai dzuthruel gyi cham
• Kater dagnang gi cham
• Namthar lu zhizhagpai cham

2.1.1.1. Dances of the Monks
• Black Hat Drum Dance
• Dance of the Terrifying Deities
• Wrathful War Dance
• Dance of the Eight Manifestations of Guru Rinpoche
• Dance of the Sixteen Wisdom Consorts

2.1.1.2. Dances of the Courtiers
• Dance of the Four Stags
• The Three Ging Dances of Pema Lingpa
• The Treasure Dance of Pema Lingpa
• The Dance of the Stag and Hounds
• The Guitar Dance
• The Dance of the Noblemen and Ladies
• The Drum Dance of Drametse
• Dance of the Lords of the Cremation Grounds
• Dance of the Judgement of the Dead
• Dance of the Heroes
• The Religious Dance

2.1.1.3. Regional Mask Dances
• The Deity Dance of Sumthrang
• Dance of the Five Sisters of Long Life
• The Pig Dance of Tamzhing
• Thangbi Ber Cham
• The Lion Dance of Jampa Lhakhang
• Dekiling Ter Cham
• The Yak Dance of Tang
• The Yak Dance of Shingkhar
• The Yak Dance of Merak & Sakteng
• The Dance of Sister Lhamo

2.1.2. The Folk Dance
• The Archetypal Bhutanese Song and Dance
• The Songs of the Courtiers
• Rigsar — the Contemporary Genre

2.1.3. The Dances of Heroes and Warriors
2.1.3.1. The Dances of Folk Heroes
• GoenZhey
• Wang Zhey
• Nub Zhey
• Wochubi Zhey

2.1.3.2. The Gallant Warrior
2.1.3.3. The Dance of Gallant Warriors

2.1.4. Drama
2.1.5. The Music and Musical Instruments
2.1.5.1. Musical Instruments
• Dram-nyen
• Yangchen
• Lingm
• Piwang
• Kongrtha

2.1.5.2. Religious Orchestral Instruments
• DungJaling
• Ngt
• Dorje and Drilbu
• Trangtri
• Rolmo
• Si-nyen
• Kangdung
• Dungkar
• Tingsha

2.2. TRADITIONAL GAMES - Galey Wangchuk
• Archery
• Stone Discuss
• Soksom or Sorsum
• Jigdum
• Wrestling
• Dice Game
• Three and One Dice Game
• Stone Game
• Bird’s Foot Thread Game
• Bull Fight
• Cock Fighting
• Weight Throwing Game
• Shot-put
• Hide and Seek
• Game of Sticks
• Sling Shot
• Darts
• Pocket Pebble Game
• Arm Gripping Competition
• Snowball Hiding Game
• Winning the Eyebrow